Fall Dance Classes

with Julie Keeney

4-week sessions; Starting 9/8/2020

ost-each session: \$35/person ~ Located at Jefferson Park Lodge

Tuesdays:

(Class Code: D1) <u>5-6pm: Ages 6-10</u> - Combo class/Tap, Jazz & Ballet

(Class Code: D2) <u>6-7pm: Ages 10-18</u> - Combo class/Tap, Jazz & Ballet

(Class Code: D3) 7-8pm: Adult Ballet (18+) – Beginning & Intermediate levels

Please wear appropriate clothes & shoes specific to class!

No street shoes while dancing!

Wednesdays:

(Class Code: D4) <u>5-6pm: Ages 10-18</u> - Ballet/Beginning & Intermediate

(Class Code: D5) 6-7pm: Ages 10-18 - Contemporary/Lyrical Dance

(Class Code: D6) <u>7-8pm: Barre Class</u> – Pilates inspired movement class

that works the whole body! All levels welcome!

Saturdays:

(Class Code: D7) 9-10am: Ages 2-5 - Combo class/Tap, Jazz & Ballet

(Class Code: D8) 10-11am: Senior Fit Club - for adults 55+ - these exercises

can be done standing or sitting in a chair. Supplies provided.

(Class Code: D9) <u>Ilam-12pm: Pound Fitness</u> - exercises done with rip sticks.

Drumming to music while doing full body exercises. All levels welcome!

Wear comfortable clothing!

2020 Fall Dance Classes Registration Form

Or sign up using RecDesk: Visit CanandaiguaNewYork.gov & click Online Rec Registration

Send form & payment to: 2 North A	Nain St, Canandaigua, NY 14424	& click Unline Rec Registration
Student's Name:	Birthday:	
Address:	City:	Zip:
Guardian's Name(s):		·····
Home Phone:	Alt Phone:	
E-Mail Address:		
I am aware that I or my son/daughter will Park Lodge upon payment and completion employees and the entirety of the facility a	be enrolled in the City of Canandaigua Fall Down of this form. I hereby agree to hold the City and adjoining grounds harmless for any personauthorize the use of my child's likeness in page form required for each student**	of Canandaigua and all its sonal injuries that might occur
Signature of Guardian:		